

Updated January 2010

CURRICULUM VITAE OF TAMMY SOLDERA

EDUCATION & CERTIFICATION:

- Registered Nurse (R.N.) since 1986
- Member of College of Nurses since 1987
- St. John's Ambulance First Aid and CPR Certified

SPECIALIZED TRAINING/SEMINARS/COURSES:

MEDICAL /VOCATIONAL

- ~ **FETAL ALCOHOL SPECTRUM DISORDERS SEMINAR**
 - ~ Assessment of Individuals with FASD
 - ~ Social Barriers to those with FASD
 - ~ Family Dynamics
- ~ **RECOGNIZING SIGNS OF SUICIDAL IDEATIONS SEMINAR**
 - ~ Subjective and Objective Assessment
 - ~ Approaching Individuals with Suicidal Ideations
 - ~ Skills to Assist Individuals with Suicidal Ideations
- ~ **PHYSICAL ASSESSMENTS** - Confederation College
- ~ **ABC'S OF CLIENT CARE AND DEMENTIA-** CERAH Certificate
 - ~ Assessing Elderly with Dementia
 - ~ Pharmaceutical Interventions
 - ~ Nursing Interventions

- ❑ **DEATH AND DYING-PALLIATIVE CARE** - CERAH Seminar
- ❑ **REHABILITATION CONSULTANT** – CMR Course
- ❑ **UNDERSTANDING DISABILITY**- CMR Course

EXPERIENCE:

REHABILITATION CONSULTANT

Independent Rehabilitation Management Inc.: (present)

- ❑ Provide goal oriented/cost effective disability case management for individuals that have sustained soft tissue to catastrophic injuries (including brain injury, spinal cord injuries, amputations and orthopedic) as a result of motor vehicle accidents or for individuals in receipt of short and long-term disability.
- ❑ Review and interpret the client's medical and vocational information in order to assist in the development and co-ordination of individualized rehabilitation plans that are specific to the client's limitations and within the guidelines of the appropriate legislation.
- ❑ Integral member of a multi-disciplinary team of professions.
- ❑ Consult with physicians and treatment providers to further assist in the development and implementation of rehabilitation intervention to facilitate the return to the client's pre-accident/pre-disability status.
- ❑ Assist in coordinating the discharge planning for clients in hospital.
- ❑ Coordinate medical/vocational case management from soft tissue to catastrophic injuries.
- ❑ Coordinate and implement gradual return to work programs with the cooperation of the employer, client and other appropriate professionals.
- ❑ Assess the client's vocational abilities based on their functional/medical status and transferable skills.
- ❑ Provide estimated time and cost projections for duration of rehabilitation.
 - Perform rehabilitation intervention services in a case management capacity, task specific capacity or as required to meet the needs of the referral source.

REGISTERED NURSE (1986-2007)

- Versa Care Centre - Thunder Bay
 - Working with the elderly and convalescent care
 - Nursing Assessments
 - Medications
 - Care Conferences
 - Coordinating families, Physicians and other health care professionals
 - Charge Nurse
 - Staffing

- Thunder Bay District Jail - Clinical Nurse
 - Assessment of inmates
 - Medications
 - First Aid
 - Sick Parade-Assisting physician in the clinic
 - Coordinating care with other health care professionals

 - McKellar General Hospital – Thunder Bay (Neonatal ICU)
 - Assessing newborns
 - Nursing care to healthy and critical newborn
 - Starting Intra Venous Lines

- McKellar General Hospital – Thunder Bay (Pediatrics/Building Float)
 - Providing nursing care to children
 - Working in Medical, Surgical, I.C.U., Emergency and Recovery as needed
 - Various duties as required in unit assigned